



Nina Madsen Sjö



Therapeutic  
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# Using the Early Memory Procedure (EMP) In Psychological Assessment and Psychotherapy

Presented by: **Stephen E. Finn, Ph.D.**

Friday February 28, 2025, in Copenhagen



## Workshop

The Early Memory Procedure (EMP) is a projective test of autobiographical memory developed by Arnold Bruhn and used frequently in Therapeutic Assessment around the world and in psychotherapy in the United States and in Europe. In this introductory workshop, Dr. Finn will teach the basic theory underlying the EMP, describe how to administer and interpret it, review research on the EMP, and show a video of himself discussing the EMP with an actual client. Then participants will have the chance to interpret an EMP protocol together and role play discussing it with “a client” with support from Dr. Finn and the Danish psychologists Mette Kyung Reacroft, and Nina Madsen Sjö, who are helping facilitate the workshop.

The EMP can be used in psychotherapy by clinicians who otherwise do not do psychological assessment with their clients. EMP can also be used as part of more comprehensive assessment batteries and are suitable for children from the age of 4, adolescents, and adults.

## Objectives

At the end of the workshop, participants will be able to:

- Explain Bruhn’s “cognitive-perceptual theory” underlying the EMP
- Summarize research findings about the EMP
- Administer the EMP to psychotherapy and assessment clients
- Interpret clients’ EMP responses
- Collaboratively discuss clients’ EMP responses with them
- Know important safeguards for using the EMP with clients
- Describe how the EMP may be used during a longer psychotherapy

All workshop participants will be offered the chance to take the EMP by themselves prior to the workshop and will be sent careful instructions, how to do it. It will be possible to schedule a session with an experienced psychologist to learn more about your individual EMP post workshop for an additional fee. This is highly recommended as important part of learning how to use the EMP with clients. Also, participants will be able to purchase copies of the Danish translation of the EMP if they wish to take the EMP themselves.



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## The Presenter

Stephen Finn, founder of the Center for Therapeutic Assessment, Austin, Texas, USA, is a Clinical Associate Professor of Psychology at the University of Texas at Austin, and Senior Researcher and Director of Training at the European Center for Therapeutic Assessment at Catholic University of Milan, Italy. He has published 90+ articles and chapters on psychological assessment, psycho-diagnosis, and other topics in clinical psychology. He is the co-author of two recent books, *Therapeutic Assessment with Adults* and *Therapeutic Assessment with Children*.

## Co-facilitators

Nina Madsen Sjö and Mette Kyung Reacroft have worked with integrating the Therapeutic Assessment approach in their clinical practice since 2020 and will share their experience using the EMP in a Danish clinical context.

## Practical information

**Time:** February 28, 2025, 8:30-16:30

**Location:** Vesterbrogade 20, 3.tv., Copenhagen 1620 V, Denmark

**Price:** DKK 2.500/EUR 340. 10% discount is available for this 1-day workshop for:

- Participants who combine this workshop with the 2-day training, February 26-27. (10% discounted price: DKK 2.250/EUR 306)
- TAI members (join: <https://www.memberleap.com/members/newmem/registration.php?orgcode=TAI>). TAI members who combine this course with the "Hard-To-Reach Clients" 2-day training course are offered 20% discount in total (20% discounted price: 2.000 DKK/ EUR 272).

**Registration:** Send an email to [info@ninamadsensjo.dk](mailto:info@ninamadsensjo.dk). Please send your name, title, workplace, invoice information (including EAN or CVR number) and if you have any food allergies. There is a limited number of spaces. Participation is secured when payment has been received.

## Continuing Education Credits (Forhåndsgodkendelse)

This workshop has been authorized for CE credits (Danish: Kurset er forhåndsgodkendt med 7 t.):

- Klinisk børne- og ungepsykologi (6.4.4.2.2 *Psykologiske undersøgelsesmetoder*)
- Klinisk neuropsykologi med børn og unge (7.4.4.2.3 *Udredningsprocedurer: sociale og emotionelle kompetencer*) (afventer)
- Pædagogisk Psykologi (8.4.4.3 *Valgfrie kurser*) (afventer)
- Sundhedspsykologi med børn og unge/ Sundhedspsykologi med voksne (11.4.4.2.3 *Udredning*) (afventer)
- Psykoterapi med børn- og unge (12.4.4.2.1 *klinisk psykologisk undersøgelsesmetodik*), voksne (afventer)
- Psykopatologi (13.4.4.2.2 *klinisk psykologisk undersøgelsesmetodik*) (afventer)
- Psykotraumatologi (*Valgfri del*)

## Cancellation Policy

Cancellations before the January 4<sup>th</sup>, 2025 registration deadline will lead to a 90% refund, due to administrative costs. Cancellations occurring after January 4<sup>th</sup> cannot be refunded, but it will be possible to give your spot to a colleague or a person on the waiting list after agreement with the organizers. If the event is cancelled by the organizers for any reason, we will refund your fee in full.